CCLL PITCHING LOG 2010 Major & AAA Divisions

Maximum pitches per day		Mandatory Rest Schedule	
Ages 11-12	85	66 or more pitches	4 calendar days of rest required
Ages 9-10	75	51 to 65 pitches	3 calendar days of rest required
A pitcher may exceed the max only		36 to 50 pitches	2 calendar days of rest required
to complete a batter already started		21 to 35 pitches	1 calendar day of rest required
		1 to 20 pitches	No rest is required

A pitcher who throws 41+ pitches in a game cannot play the position of catcher for the remainder of that day.

Team	Pitcher	Age	Date Pitched	Pitch Count	Days Rest	Home Coach	Away Coach